

HIP DYSPLASIA

What is it?

Hip dysplasia is a congenital condition where the hip joint doesn't form properly at birth, resulting in laxity of the hip. Over time, this can cause pain, bone spurs, deterioration of the cartilage, formation of scar tissue, and arthritis.



Common symptoms

- “Bunny hopping” in the back legs when running
- Pain
- Limping (lameness)
- Difficulty jumping or getting up
- Shifting weight to front of the body
- Muscle atrophy in the hind end
- Stiffness



What breeds are most affected?

- German Shepherd
- Labrador Retriever
- Rottweiler
- Golden Retriever

*Mostly affects larger breed dogs



How we can help

- Canine physical therapy (PT) has many benefits, but it won't make a joint that is mis-shapen fit together
- Conservative treatment approach is very beneficial
- Gait analysis to observe compensatory mechanisms
- Decrease pain and stiffness
- Increase strength
- Hands-on therapy techniques to joints and muscles to improve mobility and flexibility
- Customized exercise program to improve the stability of the hip joint

Questions? Contact us at:

503-839-0394 or rehabinfo@canineptandme.com