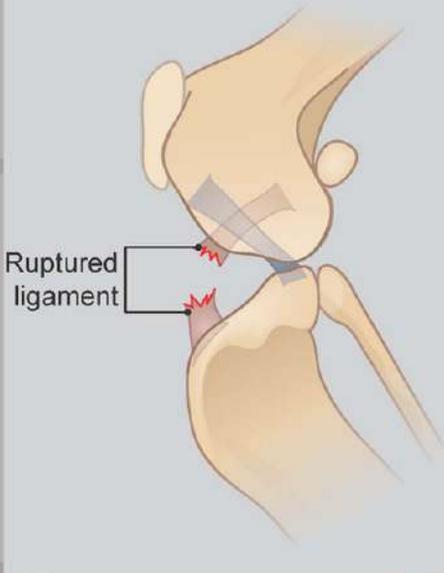


CCL TEAR/TPLO

What is it?

Cruciate
ligament injury



- CCL tear (Cranial Cruciate Ligament) is most commonly due to degeneration of the ligament over time from normal activities
- Injury is painful and creates instability of the knee joint
- Instability increases the risk of arthritis
- TPLO (tibial plateau leveling osteotomy) procedure is the most common surgery
 - It involves changing the angle of the knee joint by cutting the bone, rotating it, and stabilizing it with a plate and screws

Common symptoms

- Limping (lameness)
- Holding the leg up/not weight bearing
- Muscle atrophy
- Swelling around the knee
- Yelp when injury occurred
- "Sloppy sitting"
- Hesitant to get on the couch



What breeds are most affected?

- Dogs of all ages
- Large or small dogs
- All breeds
- Male or female dogs

*this is the most common injury in all dogs!



How we can help

- Canine rehabilitation starts 2 weeks after surgery
- Physical Therapy (PT) helps strengthen muscles and regain mobility
- Cold laser therapy
- There's a gradual return to normal exercise/activity through guided rehab
- A normal course of PT usually lasts for 3 months
- CCL tears can sometimes be managed conservatively with rehab



Questions? Contact us at:

503-839-0394 or rehabinfo@canineptandme.com