

ARTHRITIS



What is it?

- Arthritis is not a “normal” part of aging, but rather an inflammatory process of the joints and cartilage
- Dogs are more susceptible to developing arthritis if they are obese or have been for a large majority of their life
- If a dog had a previous injury to a joint, they are more prone to developing arthritis
- Overtime, your pup can develop compensatory problems in the surrounding joints and tissues due to arthritic changes

Common symptoms

- Limping
- Stiffness when getting up
- Slowing down on walks
- Trouble going up stairs or getting on furniture
- Painful in areas when you pet them that didn't used to be painful



What breeds are most affected?

- All breeds
- Any age, as young as 1 year old potentially
- Both male or female dogs
- Large or small dogs



How we can help

- Primary goal is to decrease pain and improve mobility
- Manual therapy techniques to gain motion in the arthritic joints
- A rehab therapist uses soft tissue mobilization to relax muscles surrounding arthritic joints
- Laser therapy decreases pain and inflammation, increases blood flow, and stimulates tissue healing



Questions? Contact us at:

503-839-0394 or rehabinfo@canineptandme.com